

The first plant is:

Common Name	Scientific Name	Aboriginal Group that Used the plant	Plant part used	Uses of the plant
Bearberry, Kinnikinnik	Arctostaphylos Uva-ursi	Cree	Leaves Stems, roots Leaves	-Mixed with tobacco for smoking -About 30 cm boiled in water the liquid drank to treat diarrhea -Mixed with tobacco for smoking
		Chipewyan/ Dene Blackfoot	Leaves  Fruit	-Eaten raw or preserved for later use -Dried, boiled then eaten, put in rattles, or made into necklaces

The second plant is:

Common Name	Scientific Name	Aboriginal Group that Used the plant	Plant part used	Uses of the plant
Sweet Grass	Hierochloa odorata	Blood	Entire Plant	-Incense either lit or placed on hot coals for all holy ceremonies -Burned as an offering to mark numerous activities with spiritual significance -Inhaled for nosebleeds -For chapped skin
		Blackfoot	Entire Plant	-Natural sachet -Sewn into clothing

The third plant is:

Common Name	Scientific Name	Aboriginal Group that Used the plant	Plant part used	Uses of the plant
Birch, Paper or White Birch	Betula papyrifera	Cree	Wood  Bark  Leaves  Sap	-White rotten wood boiled into an extract, wood then dried and powdered. Powder used for chapped skin -Birch bark documents for Medicine Men -Canoes, baskets -Innermost bark produces a dye -Leaves made into a tea-like beverage -For syrup