**Ask your doctor about...**

**Out-of-Hospital Do-Not-Resuscitate (DNR) Order**

What is it?
A medical order by a doctor that allows patients to refuse specific life-sustaining treatments outside the hospital.

Why do I need one?
An Out-of-Hospital DNR form or ID will tell health care providers not to use CPR and other life-sustaining techniques. If you do not have an Out-of-Hospital DNR Order, health care providers may do everything medically possible to revive you.

What do I do?
• Ask your doctor for the Out-of-Hospital DNR Order.
• Complete the form. Keep your original form.
• Talk with family, clergy and/or friends.
• You can also notify health care providers of your decision by wearing an approved ID necklace or bracelet.

Points to remember
• Anyone can use an Out-of-Hospital DNR Order.
• To show that you have an Out-of-Hospital DNR Order, you must have your original form or a copy of the completed form with you or wear an approved ID necklace or bracelet.
• The Out-of-Hospital DNR Order pertains to health care decisions—not to financial matters.

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**What you can do...**

**Medical Power of Attorney**

What is it?
A form that allows you to appoint someone to make health care decisions for you if you are no longer able to make them for yourself.

Why do I need one?
So that someone you choose can speak for you when you cannot. If you have not named someone, a guardian may be appointed for you by a court.

What do I do?
• Choose your Medical Power of Attorney. Discuss your health care requests with this person.
• Complete the form.

Points to remember
• You can change your Medical Power of Attorney at any time for any reason.
• Anyone 18 years or older can choose a Medical Power of Attorney. Don’t wait until you’re sick.
• The person you choose makes decisions for you only if you cannot make decisions for yourself.
• The Medical Power of Attorney pertains to health care decisions—not to financial matters.

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**Advance Directive**

(Used when you have a terminal illness or irreversible condition)

What is it?
A form that allows you to direct physicians to withhold or withdraw life-sustaining treatment.

Why do I need one?
An Advance Directive is used when you have an illness that is an irreversible or incurable condition.

What do I do?
• Decide for yourself what treatment you will and will not accept.
• Talk with family, clergy and/or friends.
• Complete the form.

Points to remember
• You can change your Advance Directive at any time for any reason.
• Anyone 18 years or older can fill out an Advance Directive. Don’t wait until you’re sick.
• An Advance Directive goes into effect only when you have a terminal or irreversible illness.
• The Advance Directive pertains to health care decisions—not to financial matters.

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This information pertains only to health care decisions—NOT to financial matters. Call your physician, health care provider or attorney for more information.